

Boston Town Football Club Covid-19 Risk Assessment Training

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- 1) Hand sanitiser must be available on arrival and departure.
- 2) Footballs, cones, and other training equipment to be sprayed with anti-bacterial cleaner between usage.
- 3) Players to bring their own drinks, and to leave them two metres apart. No spitting of water at any time.
- 4) Players should arrive changed and ready for training as they will not have access to the changing rooms which will be closed.
- 5) Limited equipment (no bibs).
- 6) Any players or coaches with any symptoms should not attend.
- 7) First aid will be given by a qualified coach using disposable gloves, and a mask to be worn at all times during any first aid treatment.

Hazard	Specific risk	Who is at risk?	Control measures/ mitigation	Risk after mitigation
Arriving onsite	Catching Covid-19	Coaches/ Players	Follow Social Distancing recommendations at all times. When entering and exiting vehicle, ensure you maintain social distance guidelines. Avoid gathering in groups or clusters in the car parking area. Local players are advised to walk or cycle if possible.	Low
Cross contamination of virus by shared equipment	Catching Covid-19	Coaches/ Players	Players and coaches will be asked to use antibacterial hand gel when they first arrive on the playing field and prior to any equipment being used. Either coaches can bring hand gel with them or request all players bring their own hand gel. It is advisable that coaches have hand gel available for those players that have not bought any. Prior to the training session commencing all equipment will be disinfected by the coaching staff. Following training, all equipment will be disinfected before being placed in storage/bags. Playing equipment must not be shared with other groups or teams. After each training session, players and coaches must use antibacterial hand gel prior to leaving the playing field. In the event of an item of equipment being touched it will immediately be removed from the session and disinfected before being allowed to be reused.	Medium
Players/ coaches coming into contact with each other	Catching Covid-19	Coaches/ Players	All players and coaches to adhere to strict social distancing guidelines. All players and coaches to ensure they use hand gel prior to and after training. Drinks bottles will bought to training and be kept by the individual. No sharing of drinks are permitted.	Medium
Using BTFC facilities	Catching Covid-19	Coaches/ Players	The toilet facilities must be cleaned prior to any training. Players will be required to wash their hands for 20 seconds after using the facilities. They should also wipe down the door	Medium

			handle and sink with antibacterial wipes which will be provided.	
First aid	Catching Covid-19	Coaches/ Players	If a player is deemed to require first aid, this will be conducted following an initial evaluation from the required 2m. First aid treatment will be given wearing gloves and a mask at all times. First aid treatment must be given in line with the training received. Ensure first aid kits have additional hand gel, disposable gloves, and face masks.	Medium
Leaving the training area.	Catching Covid-19	Coaches/ Players	Departure from the training area will be conducted in the same manner on arrival. Hand sanitiser to be used before departure.	Low
General	Catching Covid-19	Coaches/ Players	Everyone associated with the club is reminded to follow and adhere to the advice and guidance supplied by The Fa -(http://www.thefa.com/news/2020/jul/17/grassroots-guidance-for-compete tive-football-restart-in-england-17072 ①). The Government and PHE (Public Health England). Any coach or player displaying Covid-19 symptoms or anyone in their household has symptoms is to follow self-isolation procedures. Any player or coach is also reminded that if they are under the shielding restrictions, they cannot attend training until such time as permitted by their GP. Any player or coach who has travelled to any of the locations listed on the government website will have to self-isolate in accordance with Government guidelines. Anybody who has been to these locations will NOT be allowed to enter the grounds, train, play or spectate until the isolation period is complete. (https://www.gov.uk/foreign-travel-ad vice).	Low

Completed by: Edward Graves

Position: Secretary, Welfare Officer and Covid Officer.

Signed:

Date: 29th July 2020

Checked and approved by Chairman: Mick Vines

Signed:

Date: 29th July 2020

Next scheduled review date: 30-09-2020